


A MOVEMENT MEDICINE DANCE WORKSHOP

LOVE STORIES

Switzerland 15th - 17th March 2019

WITH

Susannah Darling Khan



Move! Open
Evening 15th
March 2019

CONTACT : MONIKA DITTLI - MODI@GMX.CH

SCHOOL OF MOVEMENT MEDICINE

www.schoolofmovementmedicine.com

ERKUNDE DIE MEDIZIN MIT DEM WAS DU WIRKLICH BIST

Across the ages, the mystics have all agreed about one thing and that is, when you get down to it, the thing that matters most in life is love. Our deep desires for love, connection, communion, intimacy and acceptance are part of what makes us human. We long for this and yet it is often not easy! Many of us struggle "in the dark" with the pain of not finding that which we seek.

This dance workshop is a designed to allow you to become a compassionate dancing witness to the patterns of your love stories and those of others, and through this to bring more wisdom, healing and choice to your own life and story with love.

Through the transformative power of the dance we will bring illumination, cleansing and fresh energy to your personal stories of love, partnership and intimacy, and healing to the places where your heart has been broken.

We will focus on opening to the love which can flow through us and so come to know ourselves as love, rather than identifying with the need and hunger for love.

This radical shift of perspective, especially when it is experienced physically and embodied in movement, is freeing, healing and empowering in relationship with ourselves, others and life itself.



Susannah's background is in Anthropology (1st class honours uCL 1986) and Gestalt Psychotherapy (graduate of the Gestalt Centre London 1988). Her teaching is full with energy, clarity, sensitivity and her infectious love of the dance itself.

"Susannah is a master choreographer of energy and a specialist in heart art." David Rose, director of Soul Wave.

Teaching language: English with German translation
Auenhalle, 5032 Aarau-Rohr, Switzerland

Move! open evening: Friday 15th March 7:00 – 9:30 PM

Love Stories: Friday 15th March 11:00 AM – 6:00 PM &

Sunday 17th March 10:30 AM – 5.00 PM

Costs: Move! CHF 50.

Love Stories & Move!: CHF 385.- Early booking price CHF 335.-
paid by February 15th 2019; Euro-Zone prices on request.

Information and booking:

www.kf-events.ch and [Monika Dittli: modi@gmx.ch](mailto:Monika.Dittli@modi@gmx.ch) • +41 078 738 84 70