

A MOVEMENT MEDICINE WORKSHOP

FIRE IN THE HEART

WITH SUSANNAH DARLING KHAN



30 NOV - 1 DEC 2019 | BASEL
CONTACT: WWW.KF-EVENTS.CH

SCHOOL OF MOVEMENT MEDICINE
www.schoolofmovementmedicine.com

EXPLORE THE MEDICINE IN WHO YOU REALLY ARE

In Fire in the Heart, we will take a dancing shamanic journey through the four chambers of the heart and meet the Wise Elder within. Intensive Movement Medicine practice will give you the tools to translate the language of the heart into the language of the dance.

The human being who has learnt to dance with their feelings rather than be danced by them is able to be more alive, dynamic, creative and connected in all areas of their life.

Calling on all the allies of the Movement Medicine Mesa, we will dance to deepen the passion for life that resides in us all. You will need an equal dose of kindness and courage and a healthy sprinkling of the imagination it takes to set the heart free.

The heart is the key to compassion for self and others. Compassion arises naturally in the heart that is unafraid of both its own shadow and its light. And the dancer inside you has both the ground and the imagination to allow the heart its full range of expression.

Movement Medicine is the synthesis of Susannah and Ya'Acov Darling Khan's work over the last 25 years, including 18 years teaching 5Rhythms internationally. Susannah teaches with compassion, clarity, wisdom and humour. She offers a joyous approach to personal and collective healing.



Susannah's work with the heart integrates therapeutic and shamanic understandings of healing with new research into brain function and animal behaviour and is grounded in her 29 years of teaching conscious movement practice, as well as her 55 years of living with the wild and tender dance of her own heart. For more information about Susannah, see the schoolofmovementmedicine.com website.

Teaching language: English with German translation

Basel

Saturday 30. Nov. 11.00 – 18.00 / Sunday 1. Dec. 10.00 – 16.30

Costs: CHF 335.- Early booking price with payment of deposit

CHF 150.- by October 30th 2019: CHF 285.-

Euro-Zone prices on request

Info and online booking: www.kf-events.ch and Kristin Glenewinkel

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